

"Go in Peace: A Retreat for Christian Women Healing from Abuse"

With Nicole Sotelo, author of "Women Healing from Abuse: Meditations for Finding Peace" (Paulist Press).

April 18-20, 2008

Evensong Retreat Center, Harwich Port, MA

For information or to register call 800.455.0247 or email info@evensongretreat.com

"Go in Peace" is a retreat for Christian women who have experienced abuse and seek a holistic healing path that integrates body, mind and spirit. Today, it is estimated that at least one-third of women experience emotional, physical and/or sexual abuse at some point in their lives; yet abuse is rarely discussed by religious communities. This weekend will offer women the space to explore their own healing journey in a safe, spiritual setting through the use of meditation, music, art and other healing practices. Nearby beach and natural beauty of Massachusetts' Cape offer beautiful, reflective setting. By the end of the weekend, retreat participants will have learned a variety of healing methods and will have resources to take home so that they may integrate healing into their daily lives.

Nicole Sotelo, M. Div., author, speaker and retreat facilitator, is a graduate of Wellesley College and Harvard Divinity School. Her articles have appeared in numerous publications and she is a contributing editor and writer for www.BustedHalo.com, a national website for spiritual seekers in their 20's and 30's. She is the author of "Go in Peace: Meditations for Women Healing from Abuse" (Paulist Press).

"Daughter, your faith has made you well; go in peace, and be healed..."
(Mark 5:34)

Nicole Sotelo, Author and Activist
<http://www.womenhealing.com>
<http://www.cta-usa.org>